

LUCA Outdoor Athletics Series 2023

@Battersea Park

26th March 2023

TIMETABLE as of 4th of March 2023 – **subject to change.**

The Competition Director reserves the right to amend the programme provided that sufficient advance warning is given to competitors. Please go to www.london-athletics.com for more information.

Where entry numbers require multiple races to be run, races will be seeded on predicted times provided on the entry forms.

Athletes have 3 jumps for Long and Triple Jump, 3 throws for Shot Put, Javelin and Discus and 3 attempts to clear each height for High Jump.

Athletes should report to their start area **10 minutes** before the scheduled start of track events and **15 minutes** before the scheduled start of field events. For events with multiple races, you should be present at the **start of the first race**, even if you have been seeded in a later race, in case of drop outs.

For those competing in multiple events, it is the athlete's responsibility to be present at each event at the appropriate times. For example, it is the athlete's responsibility to ensure they do not miss a throw/jump if competing in a field and track event at the same time.



LUCA OUTDOOR SERIES – BATTERSEA PARK 26TH MAR '23



Match 1 – Battersea Park Timetable – Sunday 26th March 2023						
TRACK			FIELD			
Call Time	Race Time	Event	Call Time	Event Time	Event	Event
09:30	09:40	100mH WOMEN				
09:45	09:55	100mH MEN				
10:00	10:10	1500m WOMEN	10:00	10:15	Long Jump W	Shot Put M
10:10	10:20	1500m MEN				
10:25	10:35	400mH WOMEN				
10:40	10:50	400mH MEN	10:45	11:00	Long Jump M	Shot Put W
11:00	11:10	400m WOMEN				
11:10	11:20	400m MEN				
11:20	11:30	100m WOMEN				
11:45	11:55	100m MEN				
12:15 Break						
12:50	13:00	5000m MIXED Heat 1	12:45	13:00	Triple Jump M&W	Javelin W
13:10	13:20	5000m MIXED Heat 2				
13:35	13:45	5000m MIXED Heat 3				
14:00	14:10	200m WOMEN	13:35	13:50	High Jump M&W	Javelin M
14:15	14:25	200m MEN				
14:30	14:40	800m WOMEN				
14:35	14:45	800m MEN				
14:50 Break						
15:05	15:15	2000m SC WOMEN	15:00	15:15	Pole Vault M&W	Discus M&W
15:30	15:30	3000m SC MEN				
15:40	15:50	4X100m WOMEN				
15:50	16:00	4X100m MEN				
16:15	16:25	4X400m WOMEN				
16:25	16:35	4X400m MEN				
17:00 EVENT FINISH						