**London Universities & Colleges Athletics**

**Indoor Championships 2015**

**Lee Valley, Edmonton  
Sunday 24st May**

60m 1500m High Jump  
60mH 3000m Shot put  
200m 4 X 200 Mascot Race (200m)  
400m Triple Jump  
800m Long Jump

Held under UKA rules

All races will have ELECTRONIC TIMING.

All LUCA member clubs are invited to take part in the first LUCA indoor championship. Nested within this championship, the colleges of the University of London will compete for the UL Athletics Championship Trophy and the medical schools of the United Hospitals will compete for the United Hospitals Athletics Championship Sheid.

There will be three attempts for each athlete in all horizontal jumps and throws.

**High Jump: Female start height 1.25m. Male start height 1.40m**

**Timetable:** Estimated 1330-1800

Details of the timetable and pools will be available on the website three days before the event.

**Entry fees:** £4 per event (entry fees non-refundable). Entries are limited.   
To enter go to london-athletics.com/indoor

Closing date: Sunday 21st November 2015 no late entries considered

Numbers to be collected on the day or at least one hour before the start of your event

**Note: We will be collecting donations for the North Enfield Foodbank. Please bring no-perishable food.**