**LCAS 2015 Team Registration Entry Form:**

**Tooting Bec 21st March**

Welcome to LCAS 2015! The following events are scheduled for the first athletics meet: 100m, 200m, 400m, 800m, 1500, 3000m, 5000m,

10 000m, 3000m SC, 100mH, 110mH, 400mH, 4x100m, 4x400m, TJ, LJ, HJ, Shot-Put, Javelin.

Once complete, email this form to: **entries@london-athletics.com****.**

|  |  |
| --- | --- |
| University: |  |
| Captain/Chairman name: |  |
| Captain/Chairman email: |  |
| Captain/Chairman phone: |  |

**Individual Events**

**Each row corresponds with an athlete in one event. If an athlete is entering multiple events, please use multiple rows.**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | **Gender (M/F)** | **Event** | **PB with link (if applicable) / expected time** |
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| Total number of entries: |  |  |  |

**Relay Events**

**4 X 400m**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Name | Name | Name | Name | Expected time  |
| A-String Men: |  |  |  |  |  |
| B-String Men: |  |  |  |  |  |
| A-String Women: |  |  |  |  |  |
| B-String Women: |  |  |  |  |  |

**4 X 100m**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Name | Name | Name | Name | Expected time  |
| A-String Men: |  |  |  |  |  |
| B-String Men: |  |  |  |  |  |
| A-String Women: |  |  |  |  |  |
| B-String Women: |  |  |  |  |  |

|  |  |  |
| --- | --- | --- |
| **Total number of entries in individual events** |  | X £4 |
| **Total number of relay teams** |  | X £12 |
|  |
| **Total Entry Fee:** |   |  |

**Note:** Each event costs £4 per entry per person, with a relay **team** costing £12 total.