4th Meeting of the LUCA Council

12th October 2016

Student Central

Clubs Present: RVC, UL, Reading, Roehampton, UCL, KCL, Motspur, ICL, LSE

1. TGC (Sarah Murphy) Mix this LUCA Girl Can with this BUCS Girl Can. Millennium Bridge, team warm up, bag drop. Wholefoods and Brooks want to get involved.

Girls meet at their Uni. Make it to Mil. Bridge by 7. Run at 7. Done by 9. Possibility of bag drop with minibus to shuttle them from start to finish point.

1. LUCA in the Community (Sarah Murphy) – community engagement, after school clubs, leadership in running fitness course funded with people giving back to the time. Wednesday PM 4-5 disability fitness sessions. Athletefit course required. LUCA members to support a coach in delivering these sessions. Work their way up to higher courses. Another project called goodgym. Meet at a set point, do 2K run then a charity project.

Advert about this. Social media and website (ACTION – E.B).

1. Motion no. 13 passed: Two-year term limit imposed on executive positions before an election must be held. No limit to number of terms in office a member can serve. If a committee member resigns, the executive will appoint a non-executive member.
2. No nominations for secretary. William Jones (ICL) nominated for XC secretary. William is elected.
3. LCL – Tent will replace idea to buy a gazebo. James to buy by Wednesday.
4. London Students’ Run – James to try and get Run Britain licensed. College offer – 5K college students. Tell Tim about marketing.
5. Outdoor Series (Matt): Same format as last year.
6. Race in the Netherlands called the batavierenrace. 170KM over 25 stages. 16 men’s 14 women’s stages. End of April. Big team (25 people ideal, ICL done with 13 before). Midnight Friday night into Saturday. Minibus and support team (you provide). Lots of music, loads of fun. Big rave in a festival tent (about 8000K runners). ICL hire a minibus. Drive over the day and do it as a team. Organisers want more international teams. £100. Limited to 10 international teams. Ballot opens towards end of Nov.